

RICHMOND COMMUNITY SCHOOLS MIDDLE SCHOOL LUNCH MENU — OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Popcorn Chicken Bowl French Bread Pizza Corn Dog Salad w/ Meat & Cheese Corn  Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Mixed Fruit	3 Build-a-Burger w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches	4 Chicken Alfredo over Roti- ni Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Pineapple Tidbits	5 Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub  Green Beans  Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Pears	6 Soft Beef Taco Pepperoni Calzone Chicken Nuggets Strawberry PB&J Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Applesauce
9 Chicken & Waffles French Bread Pizza Corn Dog Salad w/ Meat & Cheese Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Mixed Fruit	10 Chili Cheese Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches	11 Half Day No Lunches Served	12 Half Day No Lunches Served	13 Half Day No Lunches Served
				
16 Chicken Drumstick w/ Mashed Potatoes & Gravy French Bread Pizza Corn Dog Salad w/ Meat & Cheese Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Mixed Fruit	17 Hot Dog w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub  Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches	18 Lasagna Rotini w/ Beef Meat Sauce Pizza Crunchers Salad w/ Meat & Cheese Steamed Broccoli  Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Pineapple Tidbits	19 Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Deli Sub  Green Beans  Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit	20 Walking Taco Pepperoni Calzone Chicken Nuggets Strawberry PB&J Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit Applesauce
23 Sweet & Sour Chicken over Brown Rice French Bread Pizza Corn Dog Salad w/ Meat & Cheese Carrot Coins Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Mixed Fruit	24 Breakfast for Lunch Bosco Sticks Chicken Patty Sandwich Deli Sub Hash Brown Potato Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches	25 Rotini w/ Beef Meat Sauce Or Marinara Pizza Crunchers Salad w/ Meat & Cheese Steamed Broccoli Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Pineapple Tidbits	26 Lil Caesar Pepperoni Pizza Lil Caesar Cheese Pizza Inside-Out Burger Chicken Sliders Grape PB&J  Deli Sub California Blend Vegetables Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Pears	27 Nacho Grande Pepperoni Calzone Chicken Nuggets Grape PB&J Refried Beans with Cheese Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Applesauce
30 Popcorn Chicken Bowl French Bread Pizza Corn Dog Salad w/ Meat & Cheese Corn Romaine Salad Fresh Carrot Sticks Seasonal Fresh Fruit* Mixed Fruit	31 Build-a-Burger w/ Fries Bosco Sticks Chicken Patty Sandwich Deli Sub Carrot Coins Romaine Salad Fresh Celery Sticks Seasonal Fresh Fruit* Diced Peaches	<div style="border: 1px solid black; padding: 10px;"> <p>Each meal includes choice of entrée, milk, one cup of vegetable items and 1/2 cup of fruit items. A fruit or vegetable serving is required with every reimbursable meal. Seasonal fresh fruit selections will include apples, oranges, watermelon, cantaloupe, bananas, pears, grapes, pineapple.</p> <p>Milk choices include fat free or 1% unflavored or fat free chocolate or strawberry flavored.</p> <p style="text-align: center;">*Menu Subject to Change Without Notice*</p> <p>Nutritional information is available on the Food Service web page of the Richmond Community School District Website.</p> <p style="text-align: center;">"USDA is an equal opportunity provider and employer."</p> </div>		



*Richmond Community Schools
Will participate in MI Farm to
School. (*) = food choice
utilizing MI based items.*